

Plan Your Path

from the
Office of Career & Professional Development

First Year

- Sign up for the **Leadership & Professional Development Program** on Life@Fairfield
- **Get involved on campus** – join Clubs or Organizations, participate in service, or play intramural sports
- Apply for a **Stags in the Field Internship**, these are on campus internships for 1st & 2nd year students
- 2nd Semester make an **apt with CAS Career Staff** by calling the Dean's Office at x2227
- Sign up for **Sophomore Success** for Fall of Sophomore Year
 - Email CASCareers@fairfield.edu for more information

Sophomore Year

- Make an **apt with CAS Career Staff** call Dean's Office at x2227
- Participate in **Sophomore Success** - Fall or Spring
- Apply for a **Stags in the Field Internship**, these are on campus internships for 1st & 2nd year students
- Explore various careers by **attending industry panels**, networking, and by researching careers online
- Take **Career Assessments** to learn more about themselves – MBTI, Strong Interest Inventory or CliftonStrengths for Students
- Work towards a **leadership position** on campus (NSL, RA, Clubs/Organizations, Service, or Sports)
- Attend the **Career & Internship Fair** in the Fall and Spring
- Apply for **internships or relevant work experience** for the summer before Junior year
- Explore **internship opportunities abroad**

Junior Year

- Have their **resume reviewed** by CAS Career Staff
- Acquire at least **one internship or relevant work experience before senior year** (credit, non-credit, or during study abroad)
- **Practice interviewing skills** by meeting with a CAS Staff member or participating in Mock Interview Day
- Build and maintain your **personal network**
- Attend all relevant **career events or panels**
- Develop and update a **LinkedIn Profile**
- Sign up for the **Alumni Job Shadow Program** Sept/Oct
- Attend the **Career & Internship Fair**
- Prepare for **entrance exams**

Senior Year

- Know the **recruiting cycle for career interests** – some positions recruit in Fall, majority will be in the Spring
- Have their **resume reviewed by CAS Career Staff**
- Acquire at least **one internship or relevant work experience before graduation** (credit, non-credit, or during study abroad)
- **Practice interviewing skills** by meeting with a CAS Staff member or participating in Mock Interview Day
- Build and maintain your **personal network**
- Attend all relevant **career events or panels**
- Develop and update a **LinkedIn Profile**
- Sign up for the **Alumni Job Shadow Program** Sept/Oct.
- Attend the **Career & Internship Fair**